



ALTERNATIVE TRAINING

ANATOMY & PHYSIOLOGY COURSE TEXTBOOKS

K Wilson, *Anatomy & Physiology in Health & Illness* – 10th Edition
(Publishers: Churchill Livingstone, ISBN 0-443-10101-9)

W Kapit, et al., *The Physiology Coloring Book* – 2nd Edition
(Publishers: Harper Collins, ISBN 0-06-043479-1)

No additional books are necessary, but a good medical dictionary may be useful.
A list of supporting books will be supplied.

PATHOLOGY & DISEASE COURSE TEXTBOOKS

The excellent textbook *The Clinical Medical Guide – A Holistic Perspective* by Dr. Stephen Gascoigne, required for this Course, is included in the fee and provided with the study material. No additional Course books are necessary but a good medical dictionary may be useful. A list of supporting textbooks will be supplied.

NUTRITION COURSE TEXTBOOKS

J. Mann & S. Truswell, *Essentials of Human Nutrition* – 2nd Edition
(Oxford University Press: ISBN 0 19 850861-1)

R. Ballentine, *Diet & Nutrition – A Holistic Approach*
(Himalayan International Institute: ISBN 0 89389 048 0)

All required textbooks are included in the fee and provided with the study material, which will be sent airmail from the U.K. by "Alternative Training."

You may also be interested in:



The Prescribed Drug Guide A Holistic Perspective

Author: Gascoigne, Stephen
ISBN: 952218941

Description: Printed in Ireland, paperback, 280 pages

Price: £16.50 · Weight: 470g

This new title from Dr. Gascoigne provides clearly presented information about prescribed drugs that is readily accessible and relevant in everyday practice. It is a comprehensive source of information for drug names and their effects from the UK, USA, Ireland, Australia and South Africa.

ENROLMENT AND RE-ENROLMENT

Your fee for the Anatomy & Physiology, Pathology & Disease or Nutrition courses covers your study for up to 2 years from the time of payment for those courses. If you have nearly finished your study on any of these courses at that time, however, we are usually a little flexible!

To extend your study time by a further period of up to 12 months, we will ask you for a re-enrolment fee for each applicable course to cover the extra costs that we incur as a result of your delayed study. Repeated payment of this fee can be made to extend your study time year by year. The re-enrolment fee rate in 2008 is \$80 for the Anatomy & Physiology, Pathology & Disease and Nutrition courses, but there may be an additional charge if any study material needs replacing because of important updates to the course.

CANCELLATION AND REFUND POLICY

If you cancel your enrolment within 7 days of receiving your initial study material, you may return your material to us, and, if it is received in good condition, we will refund your payment less a cancellation fee to cover postage and administration costs incurred (a nominal charge may be made for any material returned damaged to us).

If you wish to terminate your study within 3 months of enrolment, a partial refund of the course fees paid may be possible, see below. Refunds are not normally provided beyond this 3-month period. Apart from the 7-day initial period, we do not accept the return of study units sent to you, whether or not you have used them.

Refunds: All requests for refunds must be made within 3 months of registration. Refunds will only be given for any unused tutor marking portion of your fee, not for any materials sent to you. A cancellation fee will be charged to cover administration costs incurred

There are more than 20 chapters each with an introduction describing holistic views of prescribed drugs and how to manage patients who take prescribed drugs. There is a clear classification of how to determine the strength of action of prescribed drugs according to five levels:

1. Drugs taken occasionally for symptomatic relief
2. Drugs taken regularly for relatively mild disorders
3. Drugs which cannot be stopped suddenly if taken long-term
4. Drugs used for relatively severe mental/emotional symptoms
5. Drugs used in cases of life-threatening disease

There is a discussion of the energetic qualities of prescribed drugs based on the perspective of Chinese medicine. A comprehensive index allows drugs to be found quickly and easily. This book is an invaluable guide for all holistic practitioners and their patients.